

How to Study for This Course

Reading the Text It is advantageous to pre-read each of the following chapters in the course text, *Clinical Hypnotherapy: A Transpersonal Approach*, by Dr. Allen S. Chips:

First 10 hours of class...Chapters 1 through 10.

Next 10 hours of class...Chapters 11 through 16.

Next 10 hours of class...Chapters 16 through 17.

Last 10 hours of class.. Chapters 18 through 21 .

The open-book exam is based on information from within the course text (listed above). Approximately 50% of the material presented during the course is derived from information sources outside of the text, such as experiential learning, therapeutic interventions, case histories, professional policy, research, methodology etc... Scholastic requirements for Certification from NATH: The open book exam is true-false, multiple choice. It is given out to students on the first day of class and is due on the last day of class. It can be downloaded at www.holistictree.com/CHtTest, in the event that the student may want to get the exam done early, leaving their evenings free at the course location.

***In order for certification to be issued, tuition must be paid in full and four grading categories must be fulfilled:**

- 1) The research assignment; 2) The induction assignment; 3) The final exam (80% or more);**
- 4) The attendance requirement (80%).**

If you have specific questions, please feel free to ask a member of the NATH staff. Forward all assignments to the on-site NATH Administrator.

Research Assignment This assignment is due within 30 days of the last day of class. Choose a book that contains information relating to a specific interest you have within the field of hypnotherapy. If there is any question as to its direct relationship to hypnotherapy, you may want to get approval from the instructor or administrator.

After reading, answer the following questions in a three to five written or three double spaced typed pages. -Include the following information: 1) Which of the author's methods do you believe is the most effective in producing positive results? If possible, give a case history/example. 2) As a hypnotherapist, which techniques discussed in the book do you plan to utilize and which one's, if any, will you avoid? Why? 3) Summarize the book.

+Please hand in your assignment stapled in the upper left-hand corner without a folder. What is the title and who is the author of the book you've chosen? Please put this information on a title page (in the middle, by itself, on the front cover). Include your name and the page number at the top right-hand corner of each page. Be careful to include proper sentence structure, grammar, spelling etc., and please leave the back side of each page blank. Although the due date is 30 days after the last day of class, it may be submitted at any time before by those who wish to receive their certification earlier. (N.A.T.H.

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will mail the students their certificates.) You may either choose a book from the “NATH Resource List” or purchase it through NATH by mail or at the class (if available). This is a good opportunity to explore your interest areas of different aspects of the broad scope of specialty areas in Hypnotherapy!

Induction Assignment Students will be asked to create a one-page induction script. This assignment will be handed out during the course and is due to be submitted, when prompted to do so, the second to the last day of class. Please only hand in a copy if you wish to keep the original.

Final Exam This exam may be obtained from www.holisticree.com/ChtTest, and it is also included at the back of this manual. It must be completed solely by yourself and brought to class on the last day for grading instructions. Working on the exam with another student is not authorized for leading to certification. You must make 80% on the final exam in order to pass the course. If you score less than 80%, see the NATH staff about increasing your score.

Attendance Although 80% attendance is required for certification, if a student misses any portion of the course, he/she must purchase the course CDs and listen to the portion of the course he/she missed. Thereafter, the student must write a one to two page paper on what he/she learned from the portion of the course he/she missed and caught up on with the CDs. Regardless if one is a licensed professional and has already studied professional ethics, he/she is still required to attend the last segment of the course, or make it up on CDs. The end of the course involves the educational benefits of grading other students, private practice ethics and policies, marketing/advertising, changes in laws which govern the profession, and success concepts